

## **City Development**

Active Leeds John Charles Centre for Sport Middleton Grove Leeds LS11 5DJ

Contact: Phoebe Parry E-mail: phoebe.parry@leeds.gov.uk

## Dear Parent/Guardian,

Is your child what we're looking for? ACTIVE Leeds are on the hunt for competitive swimmers. In order to help your child develop and give them a taster of Competitive Swimming, I would like to invite them to a free taster of Stage 8 Competitive Swimming on one of the following options:

Option 1: Wednesday 5<sup>th</sup> April 2023, 14.30-15.30 at John Charles Centre for Sport Option 2: Wednesday 12<sup>th</sup> April 2023, 14.3-15.30 at John Charles Centre for Sport

## The requirements to attend are the following:

Year Groups 2, 3 or 4 at Primary School Can Swim 50m of a recognisable stroke Can Swim 3 different strokes (Front crawl, Backstroke, Breaststroke, Butterfly)

The children will participate in a Competitive Swimming Trial Session. Those children who are deemed to be of the required standard will be offered a place in our Leeds City Council Stage 8 Competitive Swimming Groups which run across the city at various Leisure Centres. Other children may be better suited to another stage at this current time with intention of joining Stage 8 in the future.

Our Stage 8 Competitive Groups are held around the city. The sessions are for an hour and the swimmers attend twice weekly. During their time in Stage 8 Competitive Swimming, the swimmers have opportunities to experience our Development Gala's which are held quarterly each year. They also have opportunities to be visited by Aquatics Coordinators for progress checks, with the end result of the swimmers being ready to join local swimming clubs and create a hobby for life.

Our Stage 8 Groups work closely with Leeds City Council's Swim Training Scheme, which is linked with the City of Leeds Swimming Club and is well renowned for producing some of the country's best swimmers; some of which have gone on to represent Great Britain in major international events such as the Olympic Games. City of Leeds Swimming Club hold the Development Gala's each quatre and so there are always coaches with an eye-open at these events. The coaches also visit the Stage 8 Groups for Talent Identification purposes as well as development and mentoring for the Stage 8 Teachers so there is potential opportunity for progress within Leeds City Council, though progression is not guaranteed. These Stage 8 Groups also further prepare swimmers for competitive swimming at local clubs as well as other aquatic disciplines the city has to offer.

To book your child onto the above event at John Charles Centre for Sport, you will need to e-mail Phoebe Parry on phoebe.parry@leeds.gov.uk

Please give your child's full name, date of birth, an emergency contact name, telephone number and details of any medical condition and your child's current swimming ability/stage and where they attend swimming lessons and finally, which session you would like to attend.

You will not be able to attend without booking.

Yours sincerely,

## **Phoebe Parry**

Stage 8 Competitive Lead

